

641.563 BOSGRAAF / Veronica Bosgraaf
Pure food : eat clean with seasonal plant-based recipes

A busy mother of three who was frustrated with trying to find healthy, organic snacks for her kids, Veronica Bosgraaf decided to make one herself, the Pure Bar. Now nationally available and widely beloved, the bar kick started a nutrition overhaul in Veronica's home. Organized by month to take advantage of seasonal produce, this cookbook shares Veronica's easy vegetarian recipes, many of which are vegan and gluten-free, too.

641.5636 PARKER / Katie Parker
The high-protein vegetarian cookbook: hearty dishes that even carnivores will love

641.5636 CHAPLIN / Amy Chaplin
At home in the whole food kitchen : celebrating the art of eating well

From the foundations of stocking a pantry and understanding your ingredients, to preparing elaborate seasonal feasts, this cookbook gives you all the tools you will need to be at home in your kitchen, cooking in the most nourishing and delicious ways.

641.5636 MCMEANS / Ginny Kay McMeans
The Make Ahead Vegan Cookbook: 125 Freezer-friendly recipes

641.5636 MATTERN / Mary Mattern
Nom yourself: simple vegan cooking

641.65 VANWYK / Katrine Van Wyk
Best green eats ever : delicious recipes for nutrient-rich leafy greens, high in antioxidants and more
Leafy greens are the talk of the town, for they are the most nutritionally dense foods available. They are versatile ingredients that pack an enormously healthy punch. This book includes modifications to make nearly every dish acceptable for a multitude of diets, from raw to cooked, paleo to vegan to gluten-free.

641.5636 COPELAND / Sebastian Copeland
Feast: generous vegetarian meals for any eater and every appetite

Vegetables never tasted better than in these richly flavored, satisfying vegetarian meals from Sarah Copeland, who has become a trusted resource in the kitchens of thousands of new cooks. This book will satisfy everyone who wants to expand their repertoire to include more vegetables and grains, as well as those transitioning to a vegetarian diet.

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Eating Deliciously Clean

Vegan



Vegetarian

COOKBOOKS

641.5636 SIMMONS / Marie Simmons

Whole world vegetarian

In this book, every dish has a fresh, new twist. Cooks can expect a wealth of sumptuous options: rice- and corn-stuffed poblano chiles; Greek-style mac-and-cheese with summer squash; Indonesian vegetable salad with peanut dressing. Even the homiest dishes deliver rich rewards, like South American pumpkin-black bean stew with prunes.

641.5636 MCCARTNE / Mary McCartney

At my table : vegetarian feasts for family and friends

641.5 THOMAS / Anna Thomas

Vegan vegetarian omnivore : dinner for everyone at the table

For years, Anna Thomas's fans have cooked from her trailblazing vegetarian cookbooks. Now, Anna turns her focus towards a broader goal. We are eating differently: your daughter is a vegan, or you are but your in-laws don't think it's dinner without meat, or you're hosting Thanksgiving for a mixed group... In this timely and useful new book, Anna offers her solutions for reuniting our divided tables.

641.5636 BRITTON / Sarah Britton

My new roots : inspired plant-based recipes for every season

613.262 RICE

101 reasons why I'm a vegetarian

Contemporary reference work on food related issues, such as factory farming, overfishing and diseases connected to meat-based diets.



641.813 VOLGER / Lukas Volger

Bowl : vegetarian recipes for ramen, pho, bibimbap, dumplings, and other one-dish meals

Volger's ramen explorations led him from a simple bowl of miso ramen to a glorious summer ramen with corn broth, tomatoes, and basil. From there, he went on to the Vietnamese noodle soup *phở*, with combinations like caramelized spring onions, peas, and baby bok choy. Volger also includes many tips, techniques, and indispensable base recipes perfected over years of cooking, including broths, handmade noodles, sauces, and garnishes.

641.5636 CHENEY / Dina Cheney

Meatless all day recipes for inspired vegetarian cuisine

641.5636 MEYN / Laura Samuel Meyn

Meatless in Cowtown : a vegetarian guide to food and wine, Texas-style

Laura Samuel Meyn and Anthony Head repeatedly found themselves the lone vegetarians at a table of carnivores, but this never deterred them from eating the foods they loved, even after they both moved to meat-loving Texas.

641.5636 WARREN / Rachel Meltzer Warren

The smart girl's guide to going vegetarian : how to look great, feel fabulous, and be a better you

641.5636 ROBERTSON / Robin Robertson

The vegetarian meat and potatoes cookbook

This book recasts classic all-American comfort food in a healthy, vegetarian role, from family-style foods to gourmet specialties to ethnic favorites.

641.76 SCHLIMM / John. E. Schlimm

Grilling vegan style : 125 fired-up recipes to turn every bite into a backyard BBQ

641.5636 HASSON / Julie Hasson

Vegan diner : classic comfort food for the body & soul

From pancakes, waffles, and luscious muffins to scrambles, faux Benedicts, and homemade sausage, this vegan cookbook has breakfast sizzling. Traditional lunches get a healthy new lease through clubs, open-faced sandwiches, soups, and pastas. Even filling casseroles, comforting mac-and-cheese, and slow-cooked stews are deliciously reinterpreted, followed by desserts ranging from shakes to creamy cheesecakes.

641.5 RATHBURN / AJ Rathburn

The butcher and the vegetarian : one woman's romp through a world of men, meat, and moral crisis

641.5 BERLEY / Peter Berley

The flexitarian table: inspired, flexible meals for vegetarians, meat lovers, and everyone in between

Learn how to indulge meat eaters and vegetarians alike with this cookbook featuring savory meat and veggie dishes. In your capable and creative hands, vegetarian dishes will be packed with flavor and substance and the carnivores in your family can indulge in delicious meals as well.

641.3565 FREER / Chrissy Freer

Superlegumes : eat your way to great health

In this bright and bold new cookbook, beans and pulses are the star of the show. From chickpeas to green beans, here are more than 90 recipes to show how these nutrient-packed superfoods make delicious center-of-the-plate meals.

