

# I Have Five Senses



At  
Toddlerific

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## Some Getting Dressed Stories:

E DO	<a href="#">Do You See Shapes?</a>
E GARELLI	<a href="#">Forest Friends' Five Senses</a>
E MARTIN	<a href="#">Brown Bear, Brown Bear, What Do You See?</a>
E RIUS	<a href="#">Hearing</a>
	<a href="#">Sight</a>
	<a href="#">Smell</a>
	<a href="#">Taste</a>
	<a href="#">Touch</a>
E WOOD	<a href="#">No One But You</a>

## Some "Five Senses" Activities:

- \* Tell your toddler to shut their eyes, then take certain foods and scents, then ask your toddler what they can smell. You can also do this at the grocery store. A peach smells like this, an apples smells like this...
- \* Play a listening game with your child by making different animal noises, then have your toddler tell you which animal makes that noise. Your toddler can play this back with you.
- \* Take some items that have different feelings: a soft teddy bear, a rough piece of sandpaper, a smooth peach, a hard rock, and then discuss those feelings with your toddler. Then you can have your child try a "feeling" hunt.
- \* Have a taste test with your toddler by putting some of their favorite foods in containers and letting them taste it and tell you what the food is. Then you can discuss the difference between sweet, salty, bitter, etc.

## The Five Senses Song ("This Old Man")

Chorus:

I see and hear, and smell, and taste, and touch.  
With my senses I learn so much!

With my eyes, I can see  
Robins nesting in a tree. (Chorus)

With my ears, I can hear  
Lots of noises far and near. (Chorus)

With my nose, I can smell  
Fragrant flowers in the dell. (Chorus)

With my mouth, I can taste  
Donuts which are chocolate glazed. (Chorus)