

Clap Your Hands



AT

TODDLERIFIC

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Books to read together:

E Boynton	<u>Let's Dance Little Pookie</u>
E Carle	<u>My Very First Book of Motion</u>
E Cronin	<u>Wiggle</u>
E Hindley	<u>Eyes, Nose, Fingers, and Toes</u>
E Knees	<u>Knees and Toes</u>
E Lionni	<u>Let's Play</u>
E Oxenbury	<u>Clap Hands</u>
E Pinkney	<u>Watch Me Dance</u>

Moving Rhymes:

I'll touch my hair, my lips, my eyes.
I'll sit up straight, and then I'll rise.
I'll touch my ears, my nose, my chin.
And then I'll sit back down again.

Hands, on shoulders, hands on knees,
Hands behind you, if you please.
Touch your shoulders,
And now your nose.
Now your knees and then your toes.
Hands up high in the air,
Down at your sides,
And touch your hair.
Hands up high, as before,
Now clap your hands,
One, two, three, four.

Fun things to do together:

- * Give yourself and your toddler a good stretch, and stretch up as high and you can go, touch the ground, then stretch from side to side
- * Try dancing the "chicken dance" or "Head and Shoulders, Knees and Toes"
- * Play Toddler Hopscotch by forming some numbers into a hopscotch diagram on the floor by printing them or making them with tape, as you jump, call out the number on the square