

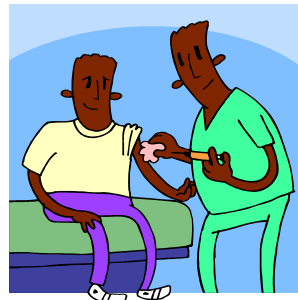
## Texas Consumer Health Assistance Program (CHAP)

[www.texashealthoptions.com/cp2/cpmchap.html](http://www.texashealthoptions.com/cp2/cpmchap.html)

With this state specific site, users can learn about their rights under federal health care reform and state law, enroll in a health plan, appeal a health plan's denial of a treatment or service or resolve a complaint against your health plan or insurer. Users can also obtain the health care premium tax credit.

## Texas CHAP Toll-Free Hotline:

1-855-839-2427



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# CONSUMER HEALTH ADVOCACY

EDUCATION & AWARENESS

REGARDING HEALTH & MEDICAL ISSUES  
CONFRONTING CONSUMERS



# ONLINE INFORMATION: HELPFUL WEBSITES TO AID PATIENTS & CAREGIVERS

## Healthfinder: Guide to Reliable Health Information

[www.healthfinder.gov](http://www.healthfinder.gov)

A free web-based service of the U.S. Department of Health and Human Services, this site provides users with quality information on reliable (and not so reliable) consumer health information.

## Patient Advocate Foundation

[www.patientadvocate.org](http://www.patientadvocate.org)

This is a nationally run non-profit website devoted to helping patients and their families resolve issues involving doctors, insurance, creditors and case administration.

## Consumer and Patient Health Information (CAHIS)

<http://caphis.mlanet.org/consumer/index.html>

This site, run by the librarians of the Medical Library Association, provides an abundance of information to patients on reliable, quality medical information.

## FDA Consumer Health Information

[www.fda.gov/forconsumers/default.htm](http://www.fda.gov/forconsumers/default.htm)

The Food and Drug Administration has a portion of their website devoted to consumer health information. Its focus is on current affairs and issues involving nutritional and medical concerns.

## Lab Tests Online

[www.labtestsonline.org](http://www.labtestsonline.org)

For patients, their families and any additional caretakers, this site has been created to help individuals understand all of the different types of lab tests associated with diagnosis and treatment of various diseases and conditions.

## Medicare

[www.medicare.gov](http://www.medicare.gov)

This site provides those affected by Medicare with the latest information on registration, enrollment and benefits. For consumers especially, it evaluates medical facilities by location including hospitals, home health agencies, assisted living homes and caregivers.

## Drug Digest

[www.drugdigest.org](http://www.drugdigest.org)

This independent website is a comprehensive source on consumer-oriented drug information. It includes information on various drugs for treatable illnesses, a drug interaction calculation, pill images and profiles and even an extensive collection of information on herbs, vitamins and supplements.

## Administrators in Medicine DocFinder

[www.docboard.org](http://www.docboard.org)

The AIM DocFinder resource is a public online directory of medical practitioners. Data includes background profiles of each individual physician or agency, licensing history and any disciplinary information which may apply.

## American Medical Association DoctorFinder

<https://extapps.ama-assn.org/doctorfinder/recaptcha.jsp>

This online directory is the chief source of information about virtually all licensed and practicing physicians in the United States. All medical fields are included, from Pediatric to Osteopathic, Geriatric to Psychiatric and many more.

## AARP

[www.aarp.org](http://www.aarp.org)

This website and its parent institution are a non-profit service providing information and resources on a wide variety of consumer health information. It includes, but is not limited to, information on Medicare, health-care fraud, insurance company ratings and advice on aging.

## National Council Against Health Fraud

[www.ncahf.org](http://www.ncahf.org)

The NCAHF is a USA voluntary *health* agency that focuses its attention upon health fraud, misinformation and quackery as public health

## Quackwatch

[www.quackwatch.com](http://www.quackwatch.com)

A nonprofit corporation whose purpose is to combat health-related frauds, health myths and pseudo-science. Information on medicines, questionable treatments and therapies are available.

## Health Grades

[www.healthgrades.com](http://www.healthgrades.com)

This site allows users to research hospitals, nursing homes and physicians. It also provides info on doctors in designated areas by field and practices.

## Medline Plus

[www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)

This site is a great resource on all things health and medicine with free information provided on everything from minor complaints to chronic illnesses and prescription drugs to homeopathic remedies.

