



## **A Parent's Guide to Teen Body Image**

### **Bulimia**

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**Dying to Please:  
anorexia, treatment,  
and recovery**

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### **Eating Disorders**

Don Nardo  
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**If Your Adolescent Has  
An Eating Disorder**

Timothy B. Walsh  
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**Perfect Girls, Starving  
Daughters: the frighten-  
ing new normalcy of  
hating your body**

Courtney E. Martin  
616.8526 Martin

**Taking Care of Your  
Child's Eating Disorder:  
a physician's step-by-  
step guide to defeating  
anorexia and bulimia**

Pamela Carlton  
618.928526 Carlton

**Treating Bulimia in  
Adolescents: a family-  
based approach**

Daniel LeGrange &  
James Lock  
616.85263 LeGrange

**You Have to Say I'm  
Pretty, You're My  
Mother: how to help  
your daughter learn  
to love her body and  
herself**

Stephanie Pierson  
306.8734 Pierson

**When Girls Feel Fat:  
helping girls through  
adolescence**

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