

Mental Health America***Factsheet: Depression in Teens***

<http://www.mentalhealthamerica.net/go/information/get-info/depression/depression-in-teens>

Teens Health***Depression***

http://kidshealth.org/teen/your_mind/mental_health/depression.html

Databases

The Library has access to databases containing health information for teens. The following databases may be accessed away from the library. Library card holders will be asked to enter a User ID, which is the barcode on the back of your library card number, and a PIN. Your PIN number is your birthday (mmddyyyy).

<http://www.texascity-library.org>

Select the Online Databases button located at the bottom right of the webpage. Click on remote users and scroll down to Health and Medicine.

Consumer Health Complete

This database may be searched by topic. Information specifically for teens may be found under Children's Health, Fact Sheets & Pamphlets, and Encyclopedias & Reference Books. This database provides resources in Spanish.

Gale Health & Wellness Resource Center

This database will connect you to several of the web resources listed under Web Resources.

Salem Health Magill's Medical Guide

Information on eating disorders may be found using the Search feature on the main page.

Services for Mental Health**Galveston Teen Health Center**

This site contains mental health information, as well as clinic locations and information on making an appointment.
http://galvestonteenhealth.org/mental_health_home.htm

Go Local Texas Gulf Coast

Go Local can help you find additional medical care in the Galveston County area.
www.medlineplus.gov/tgc



Mental Health: Teen Health Resources

MOORE MEMORIAL PUBLIC LIBRARY

1701 9th Avenue N.

Texas City, TX 77590

Phone: 409-643-5977

www.texascity-library.org

Mental Health: Teen Health Resources

Almost True: the story of an anonymous teenager's life on the streets

Sparks, Beatrice
616.85 Sparks

Depression

Willis, Laurie
616.8527 Depressi

Depression: your questions answered

Breton, Sue
616.8527 Breton

Eight Stories Up: an adolescent chooses hope over

Lezine, DeQuincy A.
616.92858445

How I Stayed Alive When My Brain Was Trying to Kill Me: one person's guide to suicide prevention

Blauner, Susan Rose
362.287 Blauner

Mayo Clinic on Depression

Kramlinger, Keith
616.8527 Mayo

Monochrome Days: a firsthand account of one teenager's experience with depression

Irwin, Cait
616.8527 Irwin

Mood Disorders

Peak, Elizabeth
616.8527 Peak

Suicide

Langwith, Jacqueline
362.28 Suicide

Teen Depression

Martin, Michael
616.8527 Martin

Teen Suicide

Wallerstein, Claire
362.28 Wallerst

Teen Suicide

Woodward, John
362.28 Teen

Understanding Depression: a complete guide to its diagnosis and treatment

Klein, Donald F.
616.8527 Klein

When Nothing Matters Anymore: a survival guide for depressed teens

Cobain, Bev
J 616.8527 Cobain

Will's Choice: a suicidal teen, a desperate mother, and a chronicle of recovery

Griffith, Gail
362.28092 Griffith



Web Resources

**American Academy of Pediatrics
*What are the warning signs of suicide?***

http://www.aap.org/publiced/BR_Suicide.htm

Depression & Suicide

<http://www.aap.org/healthtopics/depression.cfm>

Behavioral/Mental Health

<http://www.aap.org/healthtopics/behavior.cfm>

**Center for Young Women's Health
*Emotional Health***

www.youngwomenshealth.org/emotional_menu.html

Depression: A guide for teens

www.youngwomenshealth.org/depression.html

**Mayo Clinic– Tween and Teen Health
*Suicide & Suicidal Thoughts***

<http://www.mayoclinic.com/health/suicide/DS01062>

Self-injury/Cutting

<http://www.mayoclinic.com/health/self-injury/DS00775>

**Medline Plus- Teen Health
*Adolescent Depression***

<http://www.nlm.nih.gov/medlineplus/ency/article/001518.htm>