

BIPOLAR DISORDER IN FICTION & CONTEMPORARY LITERATURE

The Moment Between / by Nicole Baart
FIC BAART

72 Hour Hold: A Novel / by Bebe Moore Campbell
FIC CAMPBELL

Cage's Bend / by Carter Coleman
FIC COLEMAN

The Hours / by Michael Cunningham
FIC CUNNINGHAM

Catch Me When I Fall / by Nicci French
FIC FRENCH

The Line of Beauty / by Alan Hollinghurst
FIC HOLLINGHURST

Misery / by Stephen King
FIC KING

To Be Mona / by Kelly Easton
YP FIC EASTON

Saint Jude / by Dawn Wilson
YP FIC WILSON

Sometimes My Mommy Gets Angry /
by Bebe Moore Campbell; illus. by
E.B. Lewis
E CAMPBELL

USEFUL WEBSITES

WebMD Bipolar Disorder Health Center

www.webmd.com/bipolar-disorder/default.htm

National Institute of Mental Health: Bipolar Disorder

www.nimh.nih.gov/health/topics/bipolar-disorder/index.shtml

Healthyplace.com Bipolar Disorder

www.healthyplace.com/bipolar-disorder/menu-id-67/

Psychology Information Online: Bipolar Depression

www.psychologyinfo.com/depression/bipolar.htm



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BIPOLAR DISORDER & MANIC DEPRESSION

AN INFORMATION GUIDE



NON-FICTION

Voices of Bipolar Disorder: The Healing Companion: Stories for Courage, Comfort and Strength/
The Healing Project, ed.
362.196895 VOICES

Bipolar Disorder, Depression and Other Mood Disorders/ by Helen A. Demetriades
616.8527 DEMETRIA

Facing Bipolar: The Young Adult's Guide to Dealing with Bipolar Disorder/ by Russ Federman & J. Anderson Thompson, jr.
616.89 FEDERMAN

The Everything Health Guide to Adult Bipolar Disorder: Reassuring Advice to Help You Cope/ by Jon P. Bloch
616.895 BLOCH

Break the Bipolar Cycle: A Day-by-day Guide to Living with Bipolar Disorder/ by Elizabeth Brondolo and Xavier Amador
616.895 BRONDOLO

Bipolar Disorder Demystified: Mastering the Tightrope of Manic Depression/ by Lana R. Castle
616.895 CASTLE

New Hope for People with Bipolar Disorder: Your Friendly, Authoritative Guide to the Latest in Traditional and Complementary Solutions/ by Jan Fawcett, Bernard Golden & Nancy Rosenfeld
616.895 FAWCETT

Bipolar II: Enhance Your Highs, Boost Your Creativity and Escape the Cycles of Recurrent Depression: The Essential Guide to Recognize and Treat the Mood Swings of This Increasingly Common Disorder/ by Ronald Fieve
616.895 FIEVE

Mind Race: A Firsthand Account of One Teenager's Experience with Bipolar Disorder/ by Patrick E. Jamieson; w/ Moira A. Rynn
616.895 JAMIESON



The Up and Down Life: The Truth About Bipolar Disorder—The Good, the Bad and the Funny/ by Paul E. Jones
616.895 JONES

When Someone You Love is Bipolar/ by Cynthia G. Last
616.895 LAST

Scattershot: My Bipolar Family: A Memoir/ by David Lovelace
616.895 LOVELACE

Living with Someone Who's Living with Bipolar Disorder: A Practical Guide for Family, Friends and Coworkers/ by Chelsea Lowe and Bruce M. Cohen
616.895 LOWE

The Bipolar Disorder Survival Guide: What You and Your Family Need to Know/ by David J. Miklowitz
616.895 MIKLOWIT

Bipolar Disorder: A Guide For Patients and Families/ by Francis Mark Mondimore
616.895 MONDIMOR

Detour: My Bipolar Road Trip in 4-D/ by Lizzie Simon
616.895 SIMON

Bipolar Disorder: Rebuilding Your Life: A Bipolar's Story that Includes Practical Strategies, Techniques & Tips for Managing Moods/ by James T. Stout
616.895 STOUT

Surviving Manic Depression: A Manual on Bipolar Disorder for Patients, Families and Providers/ by E. Fuller Torrey & Michael B. Knable
616.895 TORREY

The Bipolar Teen: What You Can Do to Help Your Child and Your Family/ by David J. Miklowitz and Elizabeth L. George
616.89500835 MIKLOWIT

Manic/ by Terry Cheney
616.8950092 CHENEY

Bipolar and Pregnant: How to Manage and Succeed in Planning and Parenting While Living With Manic Depression/ by Kristin K. Finn
616.8950092 FINN

Madness: A Bipolar Life/ by Marya Hornbacher
616.8950092 HORNBACK

The Bipolar Handbook for Children, Teens and Families: Real-life Questions with Up-to-Date Answers/ by Wes Burgess
618.92895 BURGESS

The Life of a Bipolar Child: What Every Parent and Professional Needs to Know/ by Trudy Carlson
618.92895 CARLSON

Bipolar Kids: Helping Your Child Find Calm in the Mood Storm/ by Rosalie Greenberg
618.92895 GREENBER

Understanding the Mind of Your Bipolar Child: The Complete Guide to the Development, Treatment and Parenting of Children with Bipolar Disorder/ by Gregory Lombardo
618.92895 LOMBARDO

Is Your Child Bipolar?: The Definitive Resource to Identify, Treat and Thrive with a Bipolar Child/ by Mary Ann McDonnell & Janet Wozniak
618.92895 MCDONNEL

The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder/ by Demetri F. Papolos and Janice Papolos
618.92895 PAPOLOS

An Unquiet Mind/ by Kay Redfield Jamison
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